



**Soul Food** is a unique monthly event held in Cambridge, which provides an opportunity to reflect on inspiring themes and common threads that tie us all together.

It features live music, audio-visual pieces and readings—from faiths and philosophers, authors, leaders and indigenous cultures—from all over the world.

The purpose of **Soul Food** is to inspire us to transform our lives, and our communities, with actions that promote the unity and betterment of society.

**Soul Food** is a free community event open to all.

**Time**

4.00pm–5.00pm

**Dates**

Saturday, 16<sup>th</sup> November

**Venue**

Latimer Room, Old Court  
Clare College  
Trinity Lane, Cambridge  
CB2 1TL

**Contact**

**Website:**

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# Soul Food

A community service initiative of the Cambridge University Bahá'í Society